

## Episode #37 – R-E-S-P-E-C-T



Despite insurmountable odds you made it here. You deserve respect. Can you imagine what your life would be like if you gave and received respect simply for being alive?

If you're willing to experiment, take the challenge and offer respect regardless of any circumstances, accomplishments, status or external characteristics of another human.

At the end of each day, journal or take note about how the interactions went and what you noticed about how you felt and about how the person you offered respect to, responded to you.

We'd love to hear how this experiment went and what you experienced? Please rate, review and comment on apple podcasts or wherever you listen. And if you haven't already subscribed to the podcast, ReThinking Leadership, serving fresh ideas over coffee, please do so now.

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